

Why Your Child Should Read for 20 Minutes Every Day



As parents we have all heard this cry, "WHY CAN'T I SKIP MY 20 MINUTES OF READING TONIGHT?" Reading is the basis for all learning so...LET'S FIGURE IT OUT – MATHEMATICALLY!

Student A reads 20 minutes, five nights, every week; Student B reads only 4 minutes a night...or not at all!

Step 1: Multiply minutes a night x 5 times each week.

Student A reads 20 min. x 5 times a week = 100 mins./week

Student B reads 4 minutes x 5 times a week = 20 minutes

Step 2: Multiply minutes a week x 4 weeks each month.

Student A reads 400 minutes a month.

Student B reads 80 minutes a month.

Step 3: Multiply minutes a month x 9 months/school year.

Student A reads 3600 min. in a school year.

Student B reads 720 min. in a school year.

Student A practices reading the equivalent of ten whole school days a year.

Student B gets the equivalent of only two school days of reading practice.



By the end of 6th grade if Student A and Student B maintain these same reading habits, Student A will have read the equivalent of 60 whole school days. Student B will have read the equivalent of only 12 school days. One Some questions t

Which student would you expect to read better?

Which student would you expect to know more?

Which student would you expect to write better?

Which student would you expect to have a better voca

Which student would you expect to be more successfu
life?

WHY READ 30 MINUTES A DAY?

*If daily reading begins in infancy, by the time the child is five years old, he or she has been fed roughly 900 hours of brain food!

*Reduce that experience to just 30 minutes a week and the child's hungry mind will lose 770 hours of nursery rhymes, fairy tales, and stories.

*A kindergarten student who has not been read aloud to could enter school with less than 60 hours of literacy nutrition. No teacher, no matter how talented, can make up for those lost hours of mental nourishment.

*Therefore... 30 minutes daily = 900 hours | 30 minutes weekly = 130 hours |
Less than 30 minutes weekly = 60 hours

Now you understand why reading daily is so very important. Here are